

Speaker Intro

Can you imagine 1 billion people meditating daily?

That's what Tom Cronin, founder of The Stillness Project and Producer and Co-Writer of The Portal film and book, is out to do.

After a successful but highly stressful job in finance, Tom discovered meditation as a tool for living powerfully.

After studying meditation for 20 years in India, Bali and Australia he's now taught thousand's of people from all over the world, and now is a sought after teacher, speaker, author and film-producer.

He has taught meditation and mindfulness in some of the companies of the world including Amazon, Coca-Cola, Qantas, UBS, CBA and Fairfax Media.

As a global thought leader, Tom has been showcased by Channel 9's The Morning Show, CBS8, ABC Radio, publications like Vogue, The Sydney Morning Herald, and Huffington Post. With 6 books published, he now travels globally presenting his extraordinary keynotes.

I am honoured to present the "King of Calm", Tom Cronin.